

MES: _____

TRACKING HÁBITOS

Mensuales

The chart is a circular habit tracker for a month. It features a central circle with a radius that increases outwards, creating a grid of concentric rings and radial lines. The radial lines represent days of the month, numbered 1 through 31. The concentric rings represent weeks, with 7 segments per day. The top of the chart shows days 1 through 7, and the bottom shows days 24 through 31. The chart is designed for tracking habits over a month.